

Cahaba Psychology Center

**Questions to ask your insurance company before your first visit with us:**

What are my mental health (Mental and Nervous) benefits?

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Insurance Company for Mental Health Coverage (may be different from your major medical coverage) \_\_\_\_\_

What is my yearly deductible? \$ \_\_\_\_\_

How much of my deductible has already been met? \$ \_\_\_\_\_

Does it start over each calendar year?  Yes  No

If not, what is the renewal date? \_\_\_\_\_

What is my copay/percentage once the deductible has been met?  
\_\_\_\_\_ percent of \_\_\_\_\_ or \$ \_\_\_\_\_ copay

Is there authorization required?  Yes  No

If so,

Authorization number: \_\_\_\_\_ # visits \_\_\_\_\_

How many visits does my insurance cover in a year? \_\_\_\_\_

Where should my mental health claims be mailed?

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Additional comments or information:

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NOTE: Your insurance will not cover any charges for missed appointments.